

Belegungsplan BSV-Treff

**19. Januar 2026 -  
25. Januar 2026**

| Januar 2026 |    |    |    |    |    |    |
|-------------|----|----|----|----|----|----|
| Mo          | Di | Mi | Do | Fr | Sa | So |
| 5           | 6  | 7  | 8  | 9  | 10 | 11 |
| 12          | 13 | 14 | 15 | 16 | 17 | 18 |
| 19          | 20 | 21 | 22 | 23 | 24 | 25 |
| 26          | 27 | 28 | 29 | 30 | 31 |    |

| Februar 2026 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| Mo           | Di | Mi | Do | Fr | Sa | So |
| 2            | 3  | 4  | 5  | 6  | 7  | 8  |
| 9            | 10 | 11 | 12 | 13 | 14 | 15 |
| 16           | 17 | 18 | 19 | 20 | 21 | 22 |
| 23           | 24 | 25 | 26 | 27 | 28 |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 19     | 20               | 21             | 22             | 23      | 24      | 25      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**26. Januar 2026 -  
1. Februar 2026**

| Januar 2026 |    |    |    |    |    |    | Februar 2026 |    |    |    |    |    |    |
|-------------|----|----|----|----|----|----|--------------|----|----|----|----|----|----|
| Mo          | Di | Mi | Do | Fr | Sa | So | Mo           | Di | Mi | Do | Fr | Sa | So |
| 5           | 6  | 7  | 8  | 9  | 10 | 11 | 2            | 3  | 4  | 5  | 6  | 7  | 8  |
| 12          | 13 | 14 | 15 | 16 | 17 | 18 | 9            | 10 | 11 | 12 | 13 | 14 | 15 |
| 19          | 20 | 21 | 22 | 23 | 24 | 25 | 16           | 17 | 18 | 19 | 20 | 21 | 22 |
| 26          | 27 | 28 | 29 | 30 | 31 |    | 23           | 24 | 25 | 26 | 27 | 28 |    |

|    | MONTAG | DIENSTAG         | MITTWOCH | DONNERSTAG     | FREITAG        | SAMSTAG        | SONNTAG |
|----|--------|------------------|----------|----------------|----------------|----------------|---------|
|    | 26     | 27               | 28       | 29             | 30             | 31             | 1       |
| 08 |        |                  |          |                |                |                |         |
| 09 |        |                  |          |                |                |                |         |
| 10 |        |                  |          |                |                |                |         |
| 11 |        |                  |          |                |                |                |         |
| 12 |        |                  |          |                |                |                |         |
| 13 |        |                  |          |                |                |                |         |
| 14 |        |                  |          |                |                |                |         |
| 15 |        |                  |          |                |                |                |         |
| 16 |        | Generation Pound |          |                |                |                |         |
| 17 |        |                  |          | Pilates        |                |                |         |
| 18 |        |                  |          | Pilates 2      |                |                |         |
| 19 |        | Pound mit Jasmin |          | Pound mit Susi |                | Pound mit Susi |         |
| 20 |        |                  |          |                | Pound mit Susi |                |         |
| 21 |        |                  |          |                |                |                |         |
| 22 |        |                  |          |                |                |                |         |
|    |        |                  |          |                |                |                |         |
|    |        |                  |          |                |                |                |         |
|    |        |                  |          |                |                |                |         |

Belegungsplan BSV-Treff

**2. Februar 2026 -  
8. Februar 2026**

| Februar 2026 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| Mo           | Di | Mi | Do | Fr | Sa | So |
| 2            | 3  | 4  | 5  | 6  | 7  | 8  |
| 9            | 10 | 11 | 12 | 13 | 14 | 15 |
| 16           | 17 | 18 | 19 | 20 | 21 | 22 |
| 23           | 24 | 25 | 26 | 27 | 28 |    |

| März 2026 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| Mo        | Di | Mi | Do | Fr | Sa | So |
| 2         | 3  | 4  | 5  | 6  | 7  | 8  |
| 9         | 10 | 11 | 12 | 13 | 14 | 15 |
| 16        | 17 | 18 | 19 | 20 | 21 | 22 |
| 23        | 24 | 25 | 26 | 27 | 28 | 29 |
| 30        | 31 |    |    |    |    |    |

|    | MONTAG | DIENSTAG  | MITTWOCH   | DONNERSTAG  | FREITAG               | SAMSTAG | SONNTAG |
|----|--------|---|--|---|-----------------------|---------|---------|
|    | 2      | 3   | 4  | 5   | 6                     | 7       | 8       |
| 08 |        |   |  |   |                       |         |         |
| 09 |        | <b>Schmerzfrei mit Anni</b>   |  |   |                       |         |         |
| 10 |        |   |  |   |                       |         |         |
| 11 |        |   |  |   |                       |         |         |
| 12 |        |   |  |   |                       |         |         |
| 13 |        |   |  |   |                       |         |         |
| 14 |        |   |  |   |                       |         |         |
| 15 |        |   |  |   |                       |         |         |
| 16 |        | <b>Generation Pound</b>   |  |   |                       |         |         |
| 17 |        |  <b>Pilates</b>            |  |                          |                       |         |         |
| 18 |        |  <b>Pilates 2</b>      |  |                        |                       |         |         |
| 19 |        |  <b>Pound mit Jasmin</b> |  <b>Pound mit Susi</b> |                        | <b>Pound mit Susi</b> |         |         |
| 20 |        |   |  |  <b>Pound mit Susi</b> |                       |         |         |
| 21 |        |   |  |   |                       |         |         |
| 22 |        |   |  |   |                       |         |         |
|    |        |   |  |   |                       |         |         |
|    |        |   |  |   |                       |         |         |
|    |        |   |  |   |                       |         |         |

Belegungsplan BSV-Treff

**9. Februar 2026 -  
15. Februar 2026**

| Februar 2026 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| Mo           | Di | Mi | Do | Fr | Sa | So |
| 2            | 3  | 4  | 5  | 6  | 7  | 8  |
| 9            | 10 | 11 | 12 | 13 | 14 | 15 |
| 16           | 17 | 18 | 19 | 20 | 21 | 22 |
| 23           | 24 | 25 | 26 | 27 | 28 |    |

| März 2026 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| Mo        | Di | Mi | Do | Fr | Sa | So |
| 2         | 3  | 4  | 5  | 6  | 7  | 8  |
| 9         | 10 | 11 | 12 | 13 | 14 | 15 |
| 16        | 17 | 18 | 19 | 20 | 21 | 22 |
| 23        | 24 | 25 | 26 | 27 | 28 | 29 |
| 30        | 31 |    |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH | DONNERSTAG     | FREITAG        | SAMSTAG        | SONNTAG |
|----|--------|------------------|----------|----------------|----------------|----------------|---------|
|    | 9      | 10               | 11       | 12             | 13             | 14             | 15      |
| 08 |        |                  |          |                | ▲              |                |         |
| 09 |        |                  |          |                |                |                |         |
| 10 |        |                  |          |                |                |                |         |
| 11 |        |                  |          |                |                |                |         |
| 12 |        |                  |          |                |                |                |         |
| 13 |        |                  |          |                |                |                |         |
| 14 |        |                  |          |                |                |                |         |
| 15 |        |                  |          |                |                |                |         |
| 16 |        | Generation Pound |          |                |                |                |         |
| 17 |        | Generation Pound |          | Pilates        | ●              |                |         |
| 18 |        |                  |          | Pilates 2      | ●              |                |         |
| 19 |        | Pound mit Jasmin | ●        | Pound mit Susi | ●              | Pound mit Susi |         |
| 20 |        |                  |          |                | Pound mit Susi | ●              |         |
| 21 |        |                  |          |                |                |                |         |
| 22 |        |                  |          |                |                |                |         |
|    |        |                  |          |                |                |                |         |
|    |        |                  |          |                |                |                |         |
|    |        |                  |          |                |                |                |         |

## Belegungsplan BSV-Treff

**16. Februar 2026 -  
22. Februar 2026**

| Februar 2026 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| Mo           | Di | Mi | Do | Fr | Sa | So |
| 2            | 3  | 4  | 5  | 6  | 7  | 8  |
| 9            | 10 | 11 | 12 | 13 | 14 | 15 |
| 16           | 17 | 18 | 19 | 20 | 21 | 22 |
| 23           | 24 | 25 | 26 | 27 | 28 |    |

| März 2026 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| Mo        | Di | Mi | Do | Fr | Sa | So |
| 2         | 3  | 4  | 5  | 6  | 7  | 8  |
| 9         | 10 | 11 | 12 | 13 | 14 | 15 |
| 16        | 17 | 18 | 19 | 20 | 21 | 22 |
| 23        | 24 | 25 | 26 | 27 | 28 | 29 |
| 30        | 31 |    |    |    |    |    |

|    | MONTAG | DIENSTAG             | MITTWOCH | DONNERSTAG     | FREITAG        | SAMSTAG        | SONNTAG |
|----|--------|----------------------|----------|----------------|----------------|----------------|---------|
|    | 16     | 17                   | 18       | 19             | 20             | 21             | 22      |
| 08 |        |                      |          |                | ▲              |                |         |
| 09 |        | Schmerzfrei mit Anni |          |                |                |                |         |
| 10 |        |                      |          |                |                |                |         |
| 11 |        |                      |          |                |                |                |         |
| 12 |        |                      |          |                |                |                |         |
| 13 |        |                      |          |                |                |                |         |
| 14 |        |                      |          |                |                |                |         |
| 15 |        |                      |          |                |                |                |         |
| 16 |        | Generation Pound     |          |                |                |                |         |
| 17 |        |                      | ⟳        | Pilates        | ⟳              |                |         |
| 18 |        |                      |          | Pilates 2      | ⟳              |                |         |
| 19 |        | Pound mit Jasmin     | ⟳        | Pound mit Susi | ⟳              | Pound mit Susi |         |
| 20 |        |                      |          |                | Pound mit Susi | ⟳              |         |
| 21 |        |                      |          |                |                |                |         |
| 22 |        |                      |          |                |                |                |         |
|    |        |                      |          |                |                |                |         |
|    |        |                      |          |                |                |                |         |
|    |        |                      |          |                |                |                |         |

Belegungsplan BSV-Treff

**23. Februar 2026 -  
1. März 2026**

| Februar 2026 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| Mo           | Di | Mi | Do | Fr | Sa | So |
| 2            | 3  | 4  | 5  | 6  | 7  | 8  |
| 9            | 10 | 11 | 12 | 13 | 14 | 15 |
| 16           | 17 | 18 | 19 | 20 | 21 | 22 |
| 23           | 24 | 25 | 26 | 27 | 28 |    |

| März 2026 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| Mo        | Di | Mi | Do | Fr | Sa | So |
| 2         | 3  | 4  | 5  | 6  | 7  | 8  |
| 9         | 10 | 11 | 12 | 13 | 14 | 15 |
| 16        | 17 | 18 | 19 | 20 | 21 | 22 |
| 23        | 24 | 25 | 26 | 27 | 28 | 29 |
| 30        | 31 |    |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH | DONNERSTAG     | FREITAG        | SAMSTAG        | SONNTAG |
|----|--------|------------------|----------|----------------|----------------|----------------|---------|
|    | 23     | 24               | 25       | 26             | 27             | 28             | 1       |
| 08 |        |                  |          |                | ▲              |                |         |
| 09 |        |                  |          |                |                |                |         |
| 10 |        |                  |          |                |                |                |         |
| 11 |        |                  |          |                |                |                |         |
| 12 |        |                  |          |                |                |                |         |
| 13 |        |                  |          |                |                |                |         |
| 14 |        |                  |          |                |                |                |         |
| 15 |        |                  |          |                |                |                |         |
| 16 |        | Generation Pound |          |                |                |                |         |
| 17 |        | Generation Pound |          | Pilates        | ●              |                |         |
| 18 |        |                  |          | Pilates 2      | ●              |                |         |
| 19 |        | Pound mit Jasmin | ●        | Pound mit Susi | ●              | Pound mit Susi |         |
| 20 |        |                  |          |                | Pound mit Susi | ●              |         |
| 21 |        |                  |          |                |                |                |         |
| 22 |        |                  |          |                |                |                |         |
|    |        |                  |          |                |                |                |         |
|    |        |                  |          |                |                |                |         |
|    |        |                  |          |                |                |                |         |

Belegungsplan BSV-Treff

**2. März 2026 -  
8. März 2026**

| März 2026 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| Mo        | Di | Mi | Do | Fr | Sa | So |
| 2         | 3  | 4  | 5  | 6  | 7  | 8  |
| 9         | 10 | 11 | 12 | 13 | 14 | 15 |
| 16        | 17 | 18 | 19 | 20 | 21 | 22 |
| 23        | 24 | 25 | 26 | 27 | 28 | 29 |
| 30        | 31 |    |    |    |    |    |

| April 2026 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| Mo         | Di | Mi | Do | Fr | Sa | So |
| 6          | 7  | 8  | 9  | 10 | 11 | 12 |
| 13         | 14 | 15 | 16 | 17 | 18 | 19 |
| 20         | 21 | 22 | 23 | 24 | 25 | 26 |
| 27         | 28 | 29 | 30 |    |    |    |

|    | MONTAG | DIENSTAG             | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|----------------------|----------------|----------------|---------|---------|---------|
|    | 2      | 3                    | 4              | 5              | 6       | 7       | 8       |
| 08 |        |                      |                |                |         |         |         |
| 09 |        | Schmerzfrei mit Anni |                |                |         |         |         |
| 10 |        |                      |                |                |         |         |         |
| 11 |        |                      |                |                |         |         |         |
| 12 |        |                      |                |                |         |         |         |
| 13 |        |                      |                |                |         |         |         |
| 14 |        |                      |                |                |         |         |         |
| 15 |        |                      |                |                |         |         |         |
| 16 |        | Generation Pound     |                |                |         |         |         |
| 17 |        |                      |                | Pilates        |         |         |         |
| 18 |        |                      |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin     | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                      |                | Pound mit Susi |         |         |         |
| 21 |        |                      |                |                |         |         |         |
| 22 |        |                      |                |                |         |         |         |
|    |        |                      |                |                |         |         |         |
|    |        |                      |                |                |         |         |         |
|    |        |                      |                |                |         |         |         |

Belegungsplan BSV-Treff

**9. März 2026 -  
15. März 2026**

| März 2026 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| Mo        | Di | Mi | Do | Fr | Sa | So |
| 2         | 3  | 4  | 5  | 6  | 7  | 8  |
| 9         | 10 | 11 | 12 | 13 | 14 | 15 |
| 16        | 17 | 18 | 19 | 20 | 21 | 22 |
| 23        | 24 | 25 | 26 | 27 | 28 | 29 |
| 30        | 31 |    |    |    |    |    |

| April 2026 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| Mo         | Di | Mi | Do | Fr | Sa | So |
| 6          | 7  | 8  | 9  | 10 | 11 | 12 |
| 13         | 14 | 15 | 16 | 17 | 18 | 19 |
| 20         | 21 | 22 | 23 | 24 | 25 | 26 |
| 27         | 28 | 29 | 30 |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 9      | 10               | 11             | 12             | 13      | 14      | 15      |
| 08 |        |                  |                |                | ▲       |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**16. März 2026 -**

**22. März 2026**

| März 2026 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| Mo        | Di | Mi | Do | Fr | Sa | So |
| 2         | 3  | 4  | 5  | 6  | 7  | 8  |
| 9         | 10 | 11 | 12 | 13 | 14 | 15 |
| 16        | 17 | 18 | 19 | 20 | 21 | 22 |
| 23        | 24 | 25 | 26 | 27 | 28 | 29 |
| 30        | 31 |    |    |    |    |    |

| April 2026 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| Mo         | Di | Mi | Do | Fr | Sa | So |
| 6          | 7  | 8  | 9  | 10 | 11 | 12 |
| 13         | 14 | 15 | 16 | 17 | 18 | 19 |
| 20         | 21 | 22 | 23 | 24 | 25 | 26 |
| 27         | 28 | 29 | 30 |    |    |    |

|    | MONTAG | DIENSTAG             | MITTWOCH | DONNERSTAG     | FREITAG        | SAMSTAG        | SONNTAG |
|----|--------|----------------------|----------|----------------|----------------|----------------|---------|
|    | 16     | 17                   | 18       | 19             | 20             | 21             | 22      |
| 08 |        |                      |          |                | ▲              |                |         |
| 09 |        | Schmerzfrei mit Anni |          |                |                |                |         |
| 10 |        |                      | ⌚        |                |                |                |         |
| 11 |        |                      |          |                |                |                |         |
| 12 |        |                      |          |                |                |                |         |
| 13 |        |                      |          |                |                |                |         |
| 14 |        |                      |          |                |                |                |         |
| 15 |        |                      |          |                |                |                |         |
| 16 |        | Generation Pound     |          |                |                |                |         |
| 17 |        |                      | ⌚        | Pilates        | ⌚              |                |         |
| 18 |        |                      |          | Pilates 2      | ⌚              |                |         |
| 19 |        | Pound mit Jasmin     | ⌚        | Pound mit Susi | ⌚              | Pound mit Susi |         |
| 20 |        |                      |          |                | Pound mit Susi | ⌚              |         |
| 21 |        |                      |          |                |                |                |         |
| 22 |        |                      |          |                |                |                |         |
|    |        |                      |          |                |                |                |         |
|    |        |                      |          |                |                |                |         |
|    |        |                      |          |                |                |                |         |

Belegungsplan BSV-Treff

**23. März 2026 -**

**29. März 2026**

| März 2026 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| Mo        | Di | Mi | Do | Fr | Sa | So |
| 2         | 3  | 4  | 5  | 6  | 7  | 8  |
| 9         | 10 | 11 | 12 | 13 | 14 | 15 |
| 16        | 17 | 18 | 19 | 20 | 21 | 22 |
| 23        | 24 | 25 | 26 | 27 | 28 | 29 |
| 30        | 31 |    |    |    |    |    |

| April 2026 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| Mo         | Di | Mi | Do | Fr | Sa | So |
| 6          | 7  | 8  | 9  | 10 | 11 | 12 |
| 13         | 14 | 15 | 16 | 17 | 18 | 19 |
| 20         | 21 | 22 | 23 | 24 | 25 | 26 |
| 27         | 28 | 29 | 30 |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 23     | 24               | 25             | 26             | 27      | 28      | 29      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**30. März 2026 -**

**5. April 2026**

| März 2026 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| Mo        | Di | Mi | Do | Fr | Sa | So |
| 2         | 3  | 4  | 5  | 6  | 7  | 8  |
| 9         | 10 | 11 | 12 | 13 | 14 | 15 |
| 16        | 17 | 18 | 19 | 20 | 21 | 22 |
| 23        | 24 | 25 | 26 | 27 | 28 | 29 |
| 30        | 31 |    |    |    |    |    |

| April 2026 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| Mo         | Di | Mi | Do | Fr | Sa | So |
| 6          | 7  | 8  | 9  | 10 | 11 | 12 |
| 13         | 14 | 15 | 16 | 17 | 18 | 19 |
| 20         | 21 | 22 | 23 | 24 | 25 | 26 |
| 27         | 28 | 29 | 30 |    |    |    |

|    | MONTAG | DIENSTAG             | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|----------------------|----------------|----------------|---------|---------|---------|
|    | 30     | 31                   | 1              | 2              | 3       | 4       | 5       |
| 08 |        |                      |                |                |         |         |         |
| 09 |        | Schmerzfrei mit Anni |                |                |         |         |         |
| 10 |        |                      |                |                |         |         |         |
| 11 |        |                      |                |                |         |         |         |
| 12 |        |                      |                |                |         |         |         |
| 13 |        |                      |                |                |         |         |         |
| 14 |        |                      |                |                |         |         |         |
| 15 |        |                      |                |                |         |         |         |
| 16 |        | Generation Pound     |                |                |         |         |         |
| 17 |        |                      |                | Pilates        |         |         |         |
| 18 |        |                      |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin     | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                      |                | Pound mit Susi |         |         |         |
| 21 |        |                      |                |                |         |         |         |
| 22 |        |                      |                |                |         |         |         |
|    |        |                      |                |                |         |         |         |
|    |        |                      |                |                |         |         |         |
|    |        |                      |                |                |         |         |         |

Belegungsplan BSV-Treff

**6. April 2026 -  
12. April 2026**

| April 2026 |    |    |    |    |    |    | Mai 2026 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|----------|----|----|----|----|----|----|
| Mo         | Di | Mi | Do | Fr | Sa | So | Mo       | Di | Mi | Do | Fr | Sa | So |
| 6          | 7  | 8  | 9  | 10 | 11 | 12 | 4        | 5  | 6  | 7  | 8  | 9  | 10 |
| 13         | 14 | 15 | 16 | 17 | 18 | 19 | 11       | 12 | 13 | 14 | 15 | 16 | 17 |
| 20         | 21 | 22 | 23 | 24 | 25 | 26 | 18       | 19 | 20 | 21 | 22 | 23 | 24 |
| 27         | 28 | 29 | 30 |    |    |    | 25       | 26 | 27 | 28 | 29 | 30 | 31 |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 6      | 7                | 8              | 9              | 10      | 11      | 12      |
| 08 |        |                  |                |                | ▲       |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**13. April 2026 -  
19. April 2026**

| April 2026 |    |    |    |    |    |    | Mai 2026 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|----------|----|----|----|----|----|----|
| Mo         | Di | Mi | Do | Fr | Sa | So | Mo       | Di | Mi | Do | Fr | Sa | So |
| 6          | 7  | 8  | 9  | 10 | 11 | 12 | 4        | 5  | 6  | 7  | 8  | 9  | 10 |
| 13         | 14 | 15 | 16 | 17 | 18 | 19 | 11       | 12 | 13 | 14 | 15 | 16 | 17 |
| 20         | 21 | 22 | 23 | 24 | 25 | 26 | 18       | 19 | 20 | 21 | 22 | 23 | 24 |
| 27         | 28 | 29 | 30 |    |    |    | 25       | 26 | 27 | 28 | 29 | 30 | 31 |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 13     | 14               | 15             | 16             | 17      | 18      | 19      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**20. April 2026 -**

**26. April 2026**

| April 2026 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| Mo         | Di | Mi | Do | Fr | Sa | So |
| 6          | 7  | 8  | 9  | 10 | 11 | 12 |
| 13         | 14 | 15 | 16 | 17 | 18 | 19 |
| 20         | 21 | 22 | 23 | 24 | 25 | 26 |
| 27         | 28 | 29 | 30 |    |    |    |

| Mai 2026 |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| Mo       | Di | Mi | Do | Fr | Sa | So |
| 4        | 5  | 6  | 7  | 8  | 9  | 10 |
| 11       | 12 | 13 | 14 | 15 | 16 | 17 |
| 18       | 19 | 20 | 21 | 22 | 23 | 24 |
| 25       | 26 | 27 | 28 | 29 | 30 | 31 |

|    | MONTAG | DIENSTAG                | MITTWOCH                    | DONNERSTAG            | FREITAG               | SAMSTAG               | SONNTAG |
|----|--------|-------------------------|-----------------------------|-----------------------|-----------------------|-----------------------|---------|
|    | 20     | 21                      | 22                          | 23                    | 24                    | 25                    | 26      |
| 08 |        |                         |                             |                       | ▲                     |                       |         |
| 09 |        |                         | <b>Schmerzfrei mit Anni</b> |                       |                       |                       |         |
| 10 |        |                         |                             |                       |                       |                       |         |
| 11 |        |                         |                             |                       |                       |                       |         |
| 12 |        |                         |                             |                       |                       |                       |         |
| 13 |        |                         |                             |                       |                       |                       |         |
| 14 |        |                         |                             |                       |                       |                       |         |
| 15 |        |                         |                             |                       |                       |                       |         |
| 16 |        | <b>Generation Pound</b> |                             |                       |                       |                       |         |
| 17 |        |                         | ⟳                           | <b>Pilates</b>        | ⟳                     |                       |         |
| 18 |        |                         |                             | <b>Pilates 2</b>      | ⟳                     |                       |         |
| 19 |        | <b>Pound mit Jasmin</b> | ⟳                           | <b>Pound mit Susi</b> | ⟳                     | <b>Pound mit Susi</b> |         |
| 20 |        |                         |                             |                       | <b>Pound mit Susi</b> |                       |         |
| 21 |        |                         |                             |                       |                       |                       |         |
| 22 |        |                         |                             |                       |                       |                       |         |
|    |        |                         |                             |                       |                       |                       |         |
|    |        |                         |                             |                       |                       |                       |         |
|    |        |                         |                             |                       |                       |                       |         |

Belegungsplan BSV-Treff

**27. April 2026 -**

**3. Mai 2026**

| April 2026 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| Mo         | Di | Mi | Do | Fr | Sa | So |
| 6          | 7  | 8  | 9  | 10 | 11 | 12 |
| 13         | 14 | 15 | 16 | 17 | 18 | 19 |
| 20         | 21 | 22 | 23 | 24 | 25 | 26 |
| 27         | 28 | 29 | 30 |    |    |    |

| Mai 2026 |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| Mo       | Di | Mi | Do | Fr | Sa | So |
| 4        | 5  | 6  | 7  | 8  | 9  | 10 |
| 11       | 12 | 13 | 14 | 15 | 16 | 17 |
| 18       | 19 | 20 | 21 | 22 | 23 | 24 |
| 25       | 26 | 27 | 28 | 29 | 30 | 31 |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 27     | 28               | 29             | 30             | 1       | 2       | 3       |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**4. Mai 2026 -  
10. Mai 2026**

| Mai 2026 |    |    |    |    |    |    | Juni 2026 |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|-----------|----|----|----|----|----|----|
| Mo       | Di | Mi | Do | Fr | Sa | So | Mo        | Di | Mi | Do | Fr | Sa | So |
| 4        | 5  | 6  | 7  | 8  | 9  | 10 | 1         | 2  | 3  | 4  | 5  | 6  | 7  |
| 11       | 12 | 13 | 14 | 15 | 16 | 17 | 8         | 9  | 10 | 11 | 12 | 13 | 14 |
| 18       | 19 | 20 | 21 | 22 | 23 | 24 | 15        | 16 | 17 | 18 | 19 | 20 | 21 |
| 25       | 26 | 27 | 28 | 29 | 30 | 31 | 22        | 23 | 24 | 25 | 26 | 27 | 28 |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 4      | 5                | 6              | 7              | 8       | 9       | 10      |
| 08 |        |                  |                |                | ▲       |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**11. Mai 2026 -  
17. Mai 2026**

| Mai 2026 |    |    |    |    |    |    | Juni 2026 |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|-----------|----|----|----|----|----|----|
| Mo       | Di | Mi | Do | Fr | Sa | So | Mo        | Di | Mi | Do | Fr | Sa | So |
| 4        | 5  | 6  | 7  | 8  | 9  | 10 | 1         | 2  | 3  | 4  | 5  | 6  | 7  |
| 11       | 12 | 13 | 14 | 15 | 16 | 17 | 8         | 9  | 10 | 11 | 12 | 13 | 14 |
| 18       | 19 | 20 | 21 | 22 | 23 | 24 | 15        | 16 | 17 | 18 | 19 | 20 | 21 |
| 25       | 26 | 27 | 28 | 29 | 30 | 31 | 22        | 23 | 24 | 25 | 26 | 27 | 28 |

|    | MONTAG | DIENSTAG                | MITTWOCH | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|-------------------------|----------|----------------|---------|---------|---------|
|    | 11     | 12                      | 13       | 14             | 15      | 16      | 17      |
| 08 |        |                         |          |                |         |         |         |
| 09 |        |                         |          |                |         |         |         |
| 10 |        |                         |          |                |         |         |         |
| 11 |        |                         |          |                |         |         |         |
| 12 |        |                         |          |                |         |         |         |
| 13 |        |                         |          |                |         |         |         |
| 14 |        |                         |          |                |         |         |         |
| 15 |        |                         |          |                |         |         |         |
| 16 |        | <b>Generation Pound</b> |          |                |         |         |         |
| 17 |        | Generation Pound        |          |                |         |         |         |
| 18 |        |                         |          |                |         |         |         |
| 19 |        | Pound mit Jasmin        |          | Pound mit Susi |         |         |         |
| 20 |        |                         |          |                |         |         |         |
| 21 |        |                         |          |                |         |         |         |
| 22 |        |                         |          |                |         |         |         |
|    |        |                         |          |                |         |         |         |
|    |        |                         |          |                |         |         |         |
|    |        |                         |          |                |         |         |         |

Belegungsplan BSV-Treff

**18. Mai 2026 -  
24. Mai 2026**

| Mai 2026 |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| Mo       | Di | Mi | Do | Fr | Sa | So |
| 4        | 5  | 6  | 7  | 1  | 2  | 3  |
| 11       | 12 | 13 | 14 | 15 | 16 | 17 |
| 18       | 19 | 20 | 21 | 22 | 23 | 24 |
| 25       | 26 | 27 | 28 | 29 | 30 | 31 |

| Juni 2026 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| Mo        | Di | Mi | Do | Fr | Sa | So |
| 1         | 2  | 3  | 4  | 5  | 6  | 7  |
| 8         | 9  | 10 | 11 | 12 | 13 | 14 |
| 15        | 16 | 17 | 18 | 19 | 20 | 21 |
| 22        | 23 | 24 | 25 | 26 | 27 | 28 |
| 29        | 30 |    |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 18     | 19               | 20             | 21             | 22      | 23      | 24      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**25. Mai 2026 -  
31. Mai 2026**

| Mai 2026 |    |    |    |    |    |    | Juni 2026 |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|-----------|----|----|----|----|----|----|
| Mo       | Di | Mi | Do | Fr | Sa | So | Mo        | Di | Mi | Do | Fr | Sa | So |
| 4        | 5  | 6  | 7  | 8  | 9  | 10 | 1         | 2  | 3  | 4  | 5  | 6  | 7  |
| 11       | 12 | 13 | 14 | 15 | 16 | 17 | 8         | 9  | 10 | 11 | 12 | 13 | 14 |
| 18       | 19 | 20 | 21 | 22 | 23 | 24 | 15        | 16 | 17 | 18 | 19 | 20 | 21 |
| 25       | 26 | 27 | 28 | 29 | 30 | 31 | 22        | 23 | 24 | 25 | 26 | 27 | 28 |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 25     | 26               | 27             | 28             | 29      | 30      | 31      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**1. Juni 2026 -**

**7. Juni 2026**

Juni 2026

| Mo | Di | Mi | Do | Fr | Sa | So |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 |    |    |    |    |    |

Juli 2026

| Mo | Di | Mi | Do | Fr | Sa | So |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 |    |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 1      | 2                | 3              | 4              | 5       | 6       | 7       |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**8. Juni 2026 -  
14. Juni 2026**

Juni 2026

| Mo | Di | Mi | Do | Fr | Sa | So |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 |    |    |    |    |    |

Juli 2026

| Mo | Di | Mi | Do | Fr | Sa | So |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 |    |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 8      | 9                | 10             | 11             | 12      | 13      | 14      |
| 08 |        |                  |                |                | ▲       |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**15. Juni 2026 -  
21. Juni 2026**

Juni 2026

| Mo | Di | Mi | Do | Fr | Sa | So |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 |    |    |    |    |    |

Juli 2026

| Mo | Di | Mi | Do | Fr | Sa | So |
|----|----|----|----|----|----|----|
| 6  | 7  | 8  | 9  | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 15     | 16               | 17             | 18             | 19      | 20      | 21      |
| 08 |        |                  |                |                | ▲       |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**22. Juni 2026 -  
28. Juni 2026**

Juni 2026

| Mo | Di | Mi | Do | Fr | Sa | So |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 |    |    |    |    |    |

Juli 2026

| Mo | Di | Mi | Do | Fr | Sa | So |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 |    |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH | DONNERSTAG     | FREITAG        | SAMSTAG        | SONNTAG |
|----|--------|------------------|----------|----------------|----------------|----------------|---------|
|    | 22     | 23               | 24       | 25             | 26             | 27             | 28      |
| 08 |        |                  |          |                | ▲              |                |         |
| 09 |        |                  |          |                |                |                |         |
| 10 |        |                  |          |                |                |                |         |
| 11 |        |                  |          |                |                |                |         |
| 12 |        |                  |          |                |                |                |         |
| 13 |        |                  |          |                |                |                |         |
| 14 |        |                  |          |                |                |                |         |
| 15 |        |                  |          |                |                |                |         |
| 16 |        | Generation Pound |          |                |                |                |         |
| 17 |        | Generation Pound |          | Pilates        | ●              |                |         |
| 18 |        |                  |          | Pilates 2      | ●              |                |         |
| 19 |        | Pound mit Jasmin | ●        | Pound mit Susi | ●              | Pound mit Susi |         |
| 20 |        |                  |          |                | Pound mit Susi | ●              |         |
| 21 |        |                  |          |                |                |                |         |
| 22 |        |                  |          |                |                |                |         |
|    |        |                  |          |                |                |                |         |
|    |        |                  |          |                |                |                |         |
|    |        |                  |          |                |                |                |         |

Belegungsplan BSV-Treff

**29. Juni 2026 -  
5. Juli 2026**

Juni 2026

| Mo | Di | Mi | Do | Fr | Sa | So |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 |    |    |    |    |    |

Juli 2026

| Mo | Di | Mi | Do | Fr | Sa | So |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 29     | 30               | 1              | 2              | 3       | 4       | 5       |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**6. Juli 2026 -  
12. Juli 2026**

| Juli 2026 |    |    |    |    |    |    | August 2026 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|-------------|----|----|----|----|----|----|
| Mo        | Di | Mi | Do | Fr | Sa | So | Mo          | Di | Mi | Do | Fr | Sa | So |
| 6         | 7  | 8  | 9  | 10 | 11 | 12 | 3           | 4  | 5  | 6  | 7  | 8  | 9  |
| 13        | 14 | 15 | 16 | 17 | 18 | 19 | 10          | 11 | 12 | 13 | 14 | 15 | 16 |
| 20        | 21 | 22 | 23 | 24 | 25 | 26 | 17          | 18 | 19 | 20 | 21 | 22 | 23 |
| 27        | 28 | 29 | 30 | 31 |    |    | 24          | 25 | 26 | 27 | 28 | 29 | 30 |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 6      | 7                | 8              | 9              | 10      | 11      | 12      |
| 08 |        |                  |                |                | ▲       |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**13. Juli 2026 -  
19. Juli 2026**

| Juli 2026 |    |    |    |    |    |    | August 2026 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|-------------|----|----|----|----|----|----|
| Mo        | Di | Mi | Do | Fr | Sa | So | Mo          | Di | Mi | Do | Fr | Sa | So |
| 6         | 7  | 8  | 9  | 10 | 11 | 12 | 3           | 4  | 5  | 6  | 7  | 8  | 9  |
| 13        | 14 | 15 | 16 | 17 | 18 | 19 | 10          | 11 | 12 | 13 | 14 | 15 | 16 |
| 20        | 21 | 22 | 23 | 24 | 25 | 26 | 17          | 18 | 19 | 20 | 21 | 22 | 23 |
| 27        | 28 | 29 | 30 | 31 |    |    | 24          | 25 | 26 | 27 | 28 | 29 | 30 |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 13     | 14               | 15             | 16             | 17      | 18      | 19      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**20. Juli 2026 -**

**26. Juli 2026**

| Juli 2026 |    |    |    |    |    |    | August 2026 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|-------------|----|----|----|----|----|----|
| Mo        | Di | Mi | Do | Fr | Sa | So | Mo          | Di | Mi | Do | Fr | Sa | So |
| 6         | 7  | 8  | 9  | 10 | 11 | 12 | 3           | 4  | 5  | 6  | 7  | 8  | 9  |
| 13        | 14 | 15 | 16 | 17 | 18 | 19 | 10          | 11 | 12 | 13 | 14 | 15 | 16 |
| 20        | 21 | 22 | 23 | 24 | 25 | 26 | 17          | 18 | 19 | 20 | 21 | 22 | 23 |
| 27        | 28 | 29 | 30 | 31 |    |    | 24          | 25 | 26 | 27 | 28 | 29 | 30 |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 20     | 21               | 22             | 23             | 24      | 25      | 26      |
| 08 |        |                  |                |                | ▲       |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**27. Juli 2026 -  
2. August 2026**

| Juli 2026 |    |    |    |    |    |    | August 2026 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|-------------|----|----|----|----|----|----|
| Mo        | Di | Mi | Do | Fr | Sa | So | Mo          | Di | Mi | Do | Fr | Sa | So |
| 6         | 7  | 8  | 9  | 10 | 11 | 12 | 3           | 4  | 5  | 6  | 7  | 8  | 9  |
| 13        | 14 | 15 | 16 | 17 | 18 | 19 | 10          | 11 | 12 | 13 | 14 | 15 | 16 |
| 20        | 21 | 22 | 23 | 24 | 25 | 26 | 17          | 18 | 19 | 20 | 21 | 22 | 23 |
| 27        | 28 | 29 | 30 | 31 |    |    | 24          | 25 | 26 | 27 | 28 | 29 | 30 |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 27     | 28               | 29             | 30             | 31      | 1       | 2       |
| 08 |        |                  |                |                | ▲       |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**3. August 2026 -  
9. August 2026**

| August 2026 |    |    |    |    |    |    | September 2026 |    |    |    |    |    |    |
|-------------|----|----|----|----|----|----|----------------|----|----|----|----|----|----|
| Mo          | Di | Mi | Do | Fr | Sa | So | Mo             | Di | Mi | Do | Fr | Sa | So |
| 3           | 4  | 5  | 6  | 7  | 8  | 9  | 7              | 8  | 9  | 10 | 11 | 12 | 13 |
| 10          | 11 | 12 | 13 | 14 | 15 | 16 | 14             | 15 | 16 | 17 | 18 | 19 | 20 |
| 17          | 18 | 19 | 20 | 21 | 22 | 23 | 21             | 22 | 23 | 24 | 25 | 26 | 27 |
| 24          | 25 | 26 | 27 | 28 | 29 | 30 | 28             | 29 | 30 |    |    |    |    |
| 31          |    |    |    |    |    |    |                |    |    |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 3      | 4                | 5              | 6              | 7       | 8       | 9       |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**10. August 2026 -  
16. August 2026**

| August 2026 |    |    |    |    |    |    |
|-------------|----|----|----|----|----|----|
| Mo          | Di | Mi | Do | Fr | Sa | So |
| 3           | 4  | 5  | 6  | 7  | 8  | 9  |
| 10          | 11 | 12 | 13 | 14 | 15 | 16 |
| 17          | 18 | 19 | 20 | 21 | 22 | 23 |
| 24          | 25 | 26 | 27 | 28 | 29 | 30 |
| 31          |    |    |    |    |    |    |

| September 2026 |    |    |    |    |    |    |
|----------------|----|----|----|----|----|----|
| Mo             | Di | Mi | Do | Fr | Sa | So |
| 7              | 8  | 9  | 10 | 11 | 12 | 13 |
| 14             | 15 | 16 | 17 | 18 | 19 | 20 |
| 21             | 22 | 23 | 24 | 25 | 26 | 27 |
| 28             | 29 | 30 |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 10     | 11               | 12             | 13             | 14      | 15      | 16      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**17. August 2026 -  
23. August 2026**

| August 2026 |    |    |    |    |    |    | September 2026 |    |    |    |    |    |    |
|-------------|----|----|----|----|----|----|----------------|----|----|----|----|----|----|
| Mo          | Di | Mi | Do | Fr | Sa | So | Mo             | Di | Mi | Do | Fr | Sa | So |
| 3           | 4  | 5  | 6  | 7  | 8  | 9  | 7              | 8  | 9  | 10 | 11 | 12 | 13 |
| 10          | 11 | 12 | 13 | 14 | 15 | 16 | 14             | 15 | 16 | 17 | 18 | 19 | 20 |
| 17          | 18 | 19 | 20 | 21 | 22 | 23 | 21             | 22 | 23 | 24 | 25 | 26 | 27 |
| 24          | 25 | 26 | 27 | 28 | 29 | 30 | 28             | 29 | 30 |    |    |    |    |
| 31          |    |    |    |    |    |    |                |    |    |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 17     | 18               | 19             | 20             | 21      | 22      | 23      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**24. August 2026 -  
30. August 2026**

| August 2026 |    |    |    |    |    |    | September 2026 |    |    |    |    |    |    |
|-------------|----|----|----|----|----|----|----------------|----|----|----|----|----|----|
| Mo          | Di | Mi | Do | Fr | Sa | So | Mo             | Di | Mi | Do | Fr | Sa | So |
| 3           | 4  | 5  | 6  | 7  | 8  | 9  | 7              | 8  | 9  | 10 | 11 | 12 | 13 |
| 10          | 11 | 12 | 13 | 14 | 15 | 16 | 14             | 15 | 16 | 17 | 18 | 19 | 20 |
| 17          | 18 | 19 | 20 | 21 | 22 | 23 | 21             | 22 | 23 | 24 | 25 | 26 | 27 |
| 24          | 25 | 26 | 27 | 28 | 29 | 30 | 28             | 29 | 30 |    |    |    |    |
| 31          |    |    |    |    |    |    |                |    |    |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 24     | 25               | 26             | 27             | 28      | 29      | 30      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

# 31. August 2026 -

## 6. September 2026

| August 2026 |    |    |    |    |    |    | September 2026 |    |    |    |    |    |    |
|-------------|----|----|----|----|----|----|----------------|----|----|----|----|----|----|
| Mo          | Di | Mi | Do | Fr | Sa | So | Mo             | Di | Mi | Do | Fr | Sa | So |
| 3           | 4  | 5  | 6  | 7  | 8  | 9  | 7              | 8  | 9  | 10 | 11 | 12 | 13 |
| 10          | 11 | 12 | 13 | 14 | 15 | 16 | 14             | 15 | 16 | 17 | 18 | 19 | 20 |
| 17          | 18 | 19 | 20 | 21 | 22 | 23 | 21             | 22 | 23 | 24 | 25 | 26 | 27 |
| 24          | 25 | 26 | 27 | 28 | 29 | 30 | 28             | 29 | 30 |    |    |    |    |
| 31          |    |    |    |    |    |    |                |    |    |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 31     | 1                | 2              | 3              | 4       | 5       | 6       |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

# 7. September 2026 -

## 13. September 2026

| September 2026 |    |    |    |    |    |    |
|----------------|----|----|----|----|----|----|
| Mo             | Di | Mi | Do | Fr | Sa | So |
| 7              | 8  | 9  | 10 | 11 | 12 | 13 |
| 14             | 15 | 16 | 17 | 18 | 19 | 20 |
| 21             | 22 | 23 | 24 | 25 | 26 | 27 |
| 28             | 29 | 30 |    |    |    |    |

| Oktober 2026 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| Mo           | Di | Mi | Do | Fr | Sa | So |
| 5            | 6  | 7  | 8  | 9  | 10 | 11 |
| 12           | 13 | 14 | 15 | 16 | 17 | 18 |
| 19           | 20 | 21 | 22 | 23 | 24 | 25 |
| 26           | 27 | 28 | 29 | 30 | 31 |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 7      | 8                | 9              | 10             | 11      | 12      | 13      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

# 14. September 2026 -

## 20. September 2026

| September 2026 |    |    |    |    |    |    | Oktober 2026 |    |    |    |    |    |    |
|----------------|----|----|----|----|----|----|--------------|----|----|----|----|----|----|
| Mo             | Di | Mi | Do | Fr | Sa | So | Mo           | Di | Mi | Do | Fr | Sa | So |
| 7              | 8  | 9  | 10 | 11 | 12 | 13 | 5            | 6  | 7  | 8  | 9  | 10 | 11 |
| 14             | 15 | 16 | 17 | 18 | 19 | 20 | 12           | 13 | 14 | 15 | 16 | 17 | 18 |
| 21             | 22 | 23 | 24 | 25 | 26 | 27 | 19           | 20 | 21 | 22 | 23 | 24 | 25 |
| 28             | 29 | 30 |    |    |    |    | 26           | 27 | 28 | 29 | 30 | 31 |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 14     | 15               | 16             | 17             | 18      | 19      | 20      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

# 21. September 2026 -

# 27. September 2026

| September 2026 |    |    |    |    |    |    | Oktober 2026 |    |    |    |    |    |    |
|----------------|----|----|----|----|----|----|--------------|----|----|----|----|----|----|
| Mo             | Di | Mi | Do | Fr | Sa | So | Mo           | Di | Mi | Do | Fr | Sa | So |
| 1              | 2  | 3  | 4  | 5  | 6  |    | 5            | 6  | 7  | 1  | 2  | 3  | 4  |
| 7              | 8  | 9  | 10 | 11 | 12 | 13 | 12           | 13 | 14 | 15 | 16 | 17 | 18 |
| 14             | 15 | 16 | 17 | 18 | 19 | 20 | 19           | 20 | 21 | 22 | 23 | 24 | 25 |
| 21             | 22 | 23 | 24 | 25 | 26 | 27 | 26           | 27 | 28 | 29 | 30 | 31 |    |
| 28             | 29 | 30 |    |    |    |    |              |    |    |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 21     | 22               | 23             | 24             | 25      | 26      | 27      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

# 28. September 2026 -

## 4. Oktober 2026

| September 2026 |    |    |    |    |    |    | Oktober 2026 |    |    |    |    |    |    |
|----------------|----|----|----|----|----|----|--------------|----|----|----|----|----|----|
| Mo             | Di | Mi | Do | Fr | Sa | So | Mo           | Di | Mi | Do | Fr | Sa | So |
| 1              | 2  | 3  | 4  | 5  | 6  |    | 5            | 6  | 7  | 1  | 2  | 3  | 4  |
| 7              | 8  | 9  | 10 | 11 | 12 | 13 | 12           | 13 | 14 | 15 | 16 | 17 | 18 |
| 14             | 15 | 16 | 17 | 18 | 19 | 20 | 19           | 20 | 21 | 22 | 23 | 24 | 25 |
| 21             | 22 | 23 | 24 | 25 | 26 | 27 | 26           | 27 | 28 | 29 | 30 | 31 |    |
| 28             | 29 | 30 |    |    |    |    |              |    |    |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 28     | 29               | 30             | 1              | 2       | 3       | 4       |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

# 5. Oktober 2026 -

# 11. Oktober 2026

| Oktober 2026 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| Mo           | Di | Mi | Do | Fr | Sa | So |
| 5            | 6  | 7  | 8  | 9  | 10 | 11 |
| 12           | 13 | 14 | 15 | 16 | 17 | 18 |
| 19           | 20 | 21 | 22 | 23 | 24 | 25 |
| 26           | 27 | 28 | 29 | 30 | 31 |    |

| November 2026 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| Mo            | Di | Mi | Do | Fr | Sa | So |
| 2             | 3  | 4  | 5  | 6  | 7  | 8  |
| 9             | 10 | 11 | 12 | 13 | 14 | 15 |
| 16            | 17 | 18 | 19 | 20 | 21 | 22 |
| 23            | 24 | 25 | 26 | 27 | 28 | 29 |
| 30            |    |    |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 5      | 6                | 7              | 8              | 9       | 10      | 11      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**12. Oktober 2026 -  
18. Oktober 2026**

| Oktober 2026 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| Mo           | Di | Mi | Do | Fr | Sa | So |
| 5            | 6  | 7  | 8  | 9  | 10 | 11 |
| 12           | 13 | 14 | 15 | 16 | 17 | 18 |
| 19           | 20 | 21 | 22 | 23 | 24 | 25 |
| 26           | 27 | 28 | 29 | 30 | 31 |    |

| November 2026 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| Mo            | Di | Mi | Do | Fr | Sa | So |
| 2             | 3  | 4  | 5  | 6  | 7  | 8  |
| 9             | 10 | 11 | 12 | 13 | 14 | 15 |
| 16            | 17 | 18 | 19 | 20 | 21 | 22 |
| 23            | 24 | 25 | 26 | 27 | 28 | 29 |
| 30            |    |    |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 12     | 13               | 14             | 15             | 16      | 17      | 18      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**19. Oktober 2026 -  
25. Oktober 2026**

| Oktober 2026 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| Mo           | Di | Mi | Do | Fr | Sa | So |
| 5            | 6  | 7  | 8  | 9  | 10 | 11 |
| 12           | 13 | 14 | 15 | 16 | 17 | 18 |
| 19           | 20 | 21 | 22 | 23 | 24 | 25 |
| 26           | 27 | 28 | 29 | 30 | 31 |    |

| November 2026 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| Mo            | Di | Mi | Do | Fr | Sa | So |
| 2             | 3  | 4  | 5  | 6  | 7  | 8  |
| 9             | 10 | 11 | 12 | 13 | 14 | 15 |
| 16            | 17 | 18 | 19 | 20 | 21 | 22 |
| 23            | 24 | 25 | 26 | 27 | 28 | 29 |
| 30            |    |    |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 19     | 20               | 21             | 22             | 23      | 24      | 25      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**26. Oktober 2026 -  
1. November 2026**

| Oktober 2026 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| Mo           | Di | Mi | Do | Fr | Sa | So |
| 5            | 6  | 7  | 8  | 9  | 10 | 11 |
| 12           | 13 | 14 | 15 | 16 | 17 | 18 |
| 19           | 20 | 21 | 22 | 23 | 24 | 25 |
| 26           | 27 | 28 | 29 | 30 | 31 |    |

| November 2026 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| Mo            | Di | Mi | Do | Fr | Sa | So |
| 2             | 3  | 4  | 5  | 6  | 7  | 8  |
| 9             | 10 | 11 | 12 | 13 | 14 | 15 |
| 16            | 17 | 18 | 19 | 20 | 21 | 22 |
| 23            | 24 | 25 | 26 | 27 | 28 | 29 |
| 30            |    |    |    |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 26     | 27               | 28             | 29             | 30      | 31      | 1       |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

## Belegungsplan BSV-Treff

**2. November 2026 -  
8. November 2026**

| November 2026 |    |    |    |    |    |    | Dezember 2026 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|---------------|----|----|----|----|----|----|
| Mo            | Di | Mi | Do | Fr | Sa | So | Mo            | Di | Mi | Do | Fr | Sa | So |
| 2             | 3  | 4  | 5  | 6  | 7  | 8  | 1             | 2  | 3  | 4  | 5  | 6  |    |
| 9             | 10 | 11 | 12 | 13 | 14 | 15 | 7             | 8  | 9  | 10 | 11 | 12 | 13 |
| 16            | 17 | 18 | 19 | 20 | 21 | 22 | 14            | 15 | 16 | 17 | 18 | 19 | 20 |
| 23            | 24 | 25 | 26 | 27 | 28 | 29 | 21            | 22 | 23 | 24 | 25 | 26 | 27 |
| 30            |    |    |    |    |    |    | 28            | 29 | 30 | 31 |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 2      | 3                | 4              | 5              | 6       | 7       | 8       |
| 08 |        |                  |                |                | ▲       |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

# 9. November 2026 -

## 15. November 2026

| November 2026 |    |    |    |    |    |    | Dezember 2026 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|---------------|----|----|----|----|----|----|
| Mo            | Di | Mi | Do | Fr | Sa | So | Mo            | Di | Mi | Do | Fr | Sa | So |
| 2             | 3  | 4  | 5  | 6  | 7  | 8  | 1             | 2  | 3  | 4  | 5  | 6  |    |
| 9             | 10 | 11 | 12 | 13 | 14 | 15 | 7             | 8  | 9  | 10 | 11 | 12 | 13 |
| 16            | 17 | 18 | 19 | 20 | 21 | 22 | 14            | 15 | 16 | 17 | 18 | 19 | 20 |
| 23            | 24 | 25 | 26 | 27 | 28 | 29 | 21            | 22 | 23 | 24 | 25 | 26 | 27 |
| 30            |    |    |    |    |    |    | 28            | 29 | 30 | 31 |    |    |    |

|    | MONTAG | DIENSTAG                | MITTWOCH | DONNERSTAG            | FREITAG | SAMSTAG | SONNTAG |
|----|--------|-------------------------|----------|-----------------------|---------|---------|---------|
|    | 9      | 10                      | 11       | 12                    | 13      | 14      | 15      |
| 08 |        |                         |          |                       |         |         |         |
| 09 |        |                         |          |                       |         |         |         |
| 10 |        |                         |          |                       |         |         |         |
| 11 |        |                         |          |                       |         |         |         |
| 12 |        |                         |          |                       |         |         |         |
| 13 |        |                         |          |                       |         |         |         |
| 14 |        |                         |          |                       |         |         |         |
| 15 |        |                         |          |                       |         |         |         |
| 16 |        | <b>Generation Pound</b> |          |                       |         |         |         |
| 17 |        | Generation Pound        |          | <b>Pilates</b>        |         |         |         |
| 18 |        |                         |          | <b>Pilates 2</b>      |         |         |         |
| 19 |        | <b>Pound mit Jasmin</b> |          | <b>Pound mit Susi</b> |         |         |         |
| 20 |        |                         |          | <b>Pound mit Susi</b> |         |         |         |
| 21 |        |                         |          |                       |         |         |         |
| 22 |        |                         |          |                       |         |         |         |
|    |        |                         |          |                       |         |         |         |
|    |        |                         |          |                       |         |         |         |
|    |        |                         |          |                       |         |         |         |

# 16. November 2026 -

## 22. November 2026

| November 2026 |    |    |    |    |    |    | Dezember 2026 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|---------------|----|----|----|----|----|----|
| Mo            | Di | Mi | Do | Fr | Sa | So | Mo            | Di | Mi | Do | Fr | Sa | So |
| 2             | 3  | 4  | 5  | 6  | 7  | 8  | 1             | 2  | 3  | 4  | 5  | 6  |    |
| 9             | 10 | 11 | 12 | 13 | 14 | 15 | 7             | 8  | 9  | 10 | 11 | 12 | 13 |
| 16            | 17 | 18 | 19 | 20 | 21 | 22 | 14            | 15 | 16 | 17 | 18 | 19 | 20 |
| 23            | 24 | 25 | 26 | 27 | 28 | 29 | 21            | 22 | 23 | 24 | 25 | 26 | 27 |
| 30            |    |    |    |    |    |    | 28            | 29 | 30 | 31 |    |    |    |

|    | MONTAG | DIENSTAG                | MITTWOCH | DONNERSTAG            | FREITAG | SAMSTAG | SONNTAG |
|----|--------|-------------------------|----------|-----------------------|---------|---------|---------|
|    | 16     | 17                      | 18       | 19                    | 20      | 21      | 22      |
| 08 |        |                         |          |                       |         |         |         |
| 09 |        |                         |          |                       |         |         |         |
| 10 |        |                         |          |                       |         |         |         |
| 11 |        |                         |          |                       |         |         |         |
| 12 |        |                         |          |                       |         |         |         |
| 13 |        |                         |          |                       |         |         |         |
| 14 |        |                         |          |                       |         |         |         |
| 15 |        |                         |          |                       |         |         |         |
| 16 |        | <b>Generation Pound</b> |          |                       |         |         |         |
| 17 |        | Generation Pound        |          | <b>Pilates</b>        |         |         |         |
| 18 |        |                         |          | <b>Pilates 2</b>      |         |         |         |
| 19 |        | <b>Pound mit Jasmin</b> |          | <b>Pound mit Susi</b> |         |         |         |
| 20 |        |                         |          | <b>Pound mit Susi</b> |         |         |         |
| 21 |        |                         |          |                       |         |         |         |
| 22 |        |                         |          |                       |         |         |         |
|    |        |                         |          |                       |         |         |         |
|    |        |                         |          |                       |         |         |         |
|    |        |                         |          |                       |         |         |         |

# 23. November 2026 -

## 29. November 2026

| November 2026 |    |    |    |    |    |    | Dezember 2026 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|---------------|----|----|----|----|----|----|
| Mo            | Di | Mi | Do | Fr | Sa | So | Mo            | Di | Mi | Do | Fr | Sa | So |
| 2             | 3  | 4  | 5  | 6  | 7  | 8  | 1             | 2  | 3  | 4  | 5  | 6  |    |
| 9             | 10 | 11 | 12 | 13 | 14 | 15 | 7             | 8  | 9  | 10 | 11 | 12 | 13 |
| 16            | 17 | 18 | 19 | 20 | 21 | 22 | 14            | 15 | 16 | 17 | 18 | 19 | 20 |
| 23            | 24 | 25 | 26 | 27 | 28 | 29 | 21            | 22 | 23 | 24 | 25 | 26 | 27 |
| 30            |    |    |    |    |    |    | 28            | 29 | 30 | 31 |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 23     | 24               | 25             | 26             | 27      | 28      | 29      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

# 30. November 2026 -

## 6. Dezember 2026

| November 2026 |    |    |    |    |    |    | Dezember 2026 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|---------------|----|----|----|----|----|----|
| Mo            | Di | Mi | Do | Fr | Sa | So | Mo            | Di | Mi | Do | Fr | Sa | So |
| 2             | 3  | 4  | 5  | 6  | 7  | 8  | 1             | 2  | 3  | 4  | 5  | 6  |    |
| 9             | 10 | 11 | 12 | 13 | 14 | 15 | 7             | 8  | 9  | 10 | 11 | 12 | 13 |
| 16            | 17 | 18 | 19 | 20 | 21 | 22 | 14            | 15 | 16 | 17 | 18 | 19 | 20 |
| 23            | 24 | 25 | 26 | 27 | 28 | 29 | 21            | 22 | 23 | 24 | 25 | 26 | 27 |
| 30            |    |    |    |    |    |    | 28            | 29 | 30 | 31 |    |    |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 30     | 1                | 2              | 3              | 4       | 5       | 6       |
| 08 |        |                  |                |                | ▲       |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

# 7. Dezember 2026 -

## 13. Dezember 2026

| Dezember 2026 |    |    |    |    |    |    | Januar 2027 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|-------------|----|----|----|----|----|----|
| Mo            | Di | Mi | Do | Fr | Sa | So | Mo          | Di | Mi | Do | Fr | Sa | So |
| 7             | 8  | 9  | 10 | 11 | 12 | 13 | 4           | 5  | 6  | 7  | 8  | 9  | 10 |
| 14            | 15 | 16 | 17 | 18 | 19 | 20 | 11          | 12 | 13 | 14 | 15 | 16 | 17 |
| 21            | 22 | 23 | 24 | 25 | 26 | 27 | 18          | 19 | 20 | 21 | 22 | 23 | 24 |
| 28            | 29 | 30 | 31 |    |    |    | 25          | 26 | 27 | 28 | 29 | 30 | 31 |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 7      | 8                | 9              | 10             | 11      | 12      | 13      |
| 08 |        |                  |                |                | ▲       |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

**14. Dezember 2026 -****20. Dezember 2026**

| Dezember 2026 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| Mo            | Di | Mi | Do | Fr | Sa | So |
| 7             | 8  | 9  | 10 | 11 | 12 | 13 |
| 14            | 15 | 16 | 17 | 18 | 19 | 20 |
| 21            | 22 | 23 | 24 | 25 | 26 | 27 |
| 28            | 29 | 30 | 31 |    |    |    |

| Januar 2027 |    |    |    |    |    |    |
|-------------|----|----|----|----|----|----|
| Mo          | Di | Mi | Do | Fr | Sa | So |
| 4           | 5  | 6  | 7  | 8  | 9  | 10 |
| 11          | 12 | 13 | 14 | 15 | 16 | 17 |
| 18          | 19 | 20 | 21 | 22 | 23 | 24 |
| 25          | 26 | 27 | 28 | 29 | 30 | 31 |

|    | MONTAG | DIENSTAG         | MITTWOCH | DONNERSTAG     | FREITAG        | SAMSTAG        | SONNTAG |
|----|--------|------------------|----------|----------------|----------------|----------------|---------|
|    | 14     | 15               | 16       | 17             | 18             | 19             | 20      |
| 08 |        |                  |          |                | ▲              |                |         |
| 09 |        |                  |          |                |                |                |         |
| 10 |        |                  |          |                |                |                |         |
| 11 |        |                  |          |                |                |                |         |
| 12 |        |                  |          |                |                |                |         |
| 13 |        |                  |          |                |                |                |         |
| 14 |        |                  |          |                |                |                |         |
| 15 |        |                  |          |                |                |                |         |
| 16 |        | Generation Pound |          |                |                |                |         |
| 17 |        | Generation Pound |          | Pilates        | ●              |                |         |
| 18 |        |                  |          | Pilates 2      | ●              |                |         |
| 19 |        | Pound mit Jasmin | ●        | Pound mit Susi | ●              | Pound mit Susi |         |
| 20 |        |                  |          |                | Pound mit Susi | ●              |         |
| 21 |        |                  |          |                |                |                |         |
| 22 |        |                  |          |                |                |                |         |
|    |        |                  |          |                |                |                |         |
|    |        |                  |          |                |                |                |         |
|    |        |                  |          |                |                |                |         |

**21. Dezember 2026 -**

**27. Dezember 2026**

| Dezember 2026 |    |    |    |    |    |    | Januar 2027 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|-------------|----|----|----|----|----|----|
| Mo            | Di | Mi | Do | Fr | Sa | So | Mo          | Di | Mi | Do | Fr | Sa | So |
| 7             | 8  | 9  | 10 | 11 | 12 | 13 | 4           | 5  | 6  | 1  | 2  | 3  |    |
| 14            | 15 | 16 | 17 | 18 | 19 | 20 | 11          | 12 | 13 | 14 | 15 | 16 |    |
| 21            | 22 | 23 | 24 | 25 | 26 | 27 | 18          | 19 | 20 | 21 | 22 | 23 |    |
| 28            | 29 | 30 | 31 |    |    |    | 25          | 26 | 27 | 28 | 29 | 30 |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 21     | 22               | 23             | 24             | 25      | 26      | 27      |
| 08 |        |                  |                |                | ▲       |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                |                |         |         |         |
| 18 |        |                  |                |                |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

# 28. Dezember 2026 -

# 3. Januar 2027

| Dezember 2026 |    |    |    |    |    |    | Januar 2027 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|-------------|----|----|----|----|----|----|
| Mo            | Di | Mi | Do | Fr | Sa | So | Mo          | Di | Mi | Do | Fr | Sa | So |
| 7             | 8  | 9  | 10 | 11 | 12 | 13 | 4           | 5  | 6  | 1  | 2  | 3  |    |
| 14            | 15 | 16 | 17 | 18 | 19 | 20 | 11          | 12 | 13 | 14 | 15 | 16 |    |
| 21            | 22 | 23 | 24 | 25 | 26 | 27 | 18          | 19 | 20 | 21 | 22 | 23 |    |
| 28            | 29 | 30 | 31 |    |    |    | 25          | 26 | 27 | 28 | 29 | 30 |    |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 28     | 29               | 30             | 31             | 1       | 2       | 3       |
| 08 |        |                  |                |                | ▲       |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                |                |         |         |         |
| 18 |        |                  |                |                |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |

Belegungsplan BSV-Treff

**4. Januar 2027 -  
10. Januar 2027**

| Januar 2027 |    |    |    |    |    |    |
|-------------|----|----|----|----|----|----|
| Mo          | Di | Mi | Do | Fr | Sa | So |
| 4           | 5  | 6  | 7  | 1  | 2  | 3  |
| 11          | 12 | 13 | 14 | 15 | 16 | 17 |
| 18          | 19 | 20 | 21 | 22 | 23 | 24 |
| 25          | 26 | 27 | 28 | 29 | 30 | 31 |

| Februar 2027 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| Mo           | Di | Mi | Do | Fr | Sa | So |
| 1            | 2  | 3  | 4  | 5  | 6  | 7  |
| 8            | 9  | 10 | 11 | 12 | 13 | 14 |
| 15           | 16 | 17 | 18 | 19 | 20 | 21 |
| 22           | 23 | 24 | 25 | 26 | 27 | 28 |

|    | MONTAG | DIENSTAG         | MITTWOCH       | DONNERSTAG     | FREITAG | SAMSTAG | SONNTAG |
|----|--------|------------------|----------------|----------------|---------|---------|---------|
|    | 4      | 5                | 6              | 7              | 8       | 9       | 10      |
| 08 |        |                  |                |                |         |         |         |
| 09 |        |                  |                |                |         |         |         |
| 10 |        |                  |                |                |         |         |         |
| 11 |        |                  |                |                |         |         |         |
| 12 |        |                  |                |                |         |         |         |
| 13 |        |                  |                |                |         |         |         |
| 14 |        |                  |                |                |         |         |         |
| 15 |        |                  |                |                |         |         |         |
| 16 |        | Generation Pound |                |                |         |         |         |
| 17 |        | Generation Pound |                | Pilates        |         |         |         |
| 18 |        |                  |                | Pilates 2      |         |         |         |
| 19 |        | Pound mit Jasmin | Pound mit Susi | Pound mit Susi |         |         |         |
| 20 |        |                  |                | Pound mit Susi |         |         |         |
| 21 |        |                  |                |                |         |         |         |
| 22 |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |
|    |        |                  |                |                |         |         |         |